

Speaker Biographies

Keynote Speaker

“What’s New: Updates in Research”

Veronique Enos Kaefer, VP of Philanthropy, Michael J. Fox Foundation

Veronique Enos Kaefer works as Vice President of Philanthropy at The Michael J. Fox Foundation where she has worked since 2001, shortly after the Foundation’s inception. She works closely with individuals living with PD and their loved ones. She has a passion for the Parkinson’s community and research progress towards better treatments and a Parkinson’s cure. She looks forward to sharing updates about promising research and ways to get involved.

Breakout Sessions

- **" Caregiving Resources 101"**

Nicole Clagett, Co-Founder, Guiding Lights Caregiver Support Center

Nicole is the co-founder of Guiding Lights (www.guidinglightsnc.org), a charity that supports caregivers who are providing care to adults, typically older adults with chronic conditions with information, referral, education and support at no charge. She also works with various media outlets through broadcast journalism by using her voice and expertise to educate the community to know what options exist to support them in their caregiving roles. Nicole’s perspective on what it is like to be both a professional and personal caregiver (having cared for her grandfather and a friend) serve as a constant reminder of why she continues this work to serve the community.

- **"Parkinson’s Disease Psychosis"**

Dr. Craig Chepke, MD, FAPA, Excel Psychiatric Associates

Dr. Craig Chepke attended the New York University School of Medicine and completed psychiatry residency at Duke University. He is board certified by the American Board of Psychiatry and Neurology and is a Fellow of the American Psychiatric Association. Currently, he is in private practice in Huntersville, NC and specializes in neuropsychiatry and treatment-resistant/severe persistent mental illness. Dr. Chepke serves as an Adjunct Assistant Professor of Psychiatry for the University of North Carolina Medical School’s Charlotte Campus and is the medical director of Timber

Ridge Treatment Center, a level 3 residential facility for adolescents. He is a member of the CURESZ Foundation's Clozapine Experts Panel and is as a member of the International Parkinson and Movement Disorder Society.

- **“What to expect at an appointment”**

- **Dr. Sanjay Iyer, Movement Disorder Specialist**

- Dr. Sanjay Iyer is a leader in the field of Parkinson disease and movement disorders as he is a certified movement disorder specialist in Charlotte, NC. He has a special interest in deep brain stimulation and botulinum toxin injections and is actively involved with neurological research. Dr. Iyer graduated from the Medical College of Georgia School Of Medicine in 2000 and has 19 years of experience working as a Movement Disorder Specialist.

- **“Nutrition Simplified”**

- **Samantha Eaton, Nutrition and Eating Psychology Coach, Healthy Eaton**

- Samantha Eaton is a Nutrition & Eating Psychology Coach who studied at the Institute of Integrative Nutrition and the Institute for the Psychology of Eating. She helps clients overcome unwanted eating challenges using a blend of psychology, science, and mind-body wisdom rather than diets and restriction. Samantha helps clients look and feel their best in a flexible, fun, and 100% judgment & guilt-free environment. By providing encouragement, support and accountability Samantha helps people figure out the root of what's holding them back and implements new habits in a holistic way that is empowering and motivating to change their lives for the better...permanently.