



While caregivers attend the Parkinson's Caregiver Summit, The Ivey will provide a welcoming, supportive day for their loved ones living with Parkinson's disease. Participants will enjoy meaningful social connection, gentle movement, engaging education, entertainment, and a shared lunch—all in a safe, respectful environment designed to promote comfort, dignity, and joy. Below is the agenda for the day, followed by pre-registration requirements.

A Day at The Ivey
March 21, 2026
9:00 am – 3:00 pm

Arrival & Welcome -- 9:00-9:30

Participants are warmly welcomed into a safe, engaging environment with The Ivey team, encouraging social connection as the day begins.

Activities

Activities are thoughtfully selected to support and encourage participation across a range of ability levels with interactive and discussion-based formats.

1. **Engagement & Social Connection**
Structured social interaction throughout the day to stimulate conversation, foster friendships, and build a sense of community.
2. **Entertainment & Enrichment**
Music, brain-healthy activities, and creative expression.
3. **Education**
Educational moments to encourage curiosity and promote learning, which may include: Memory strategies and attention-building exercises, cognitive stimulation, and mindful and emotional wellness focus.
4. **Movement**
Group movement and exercise activities to include stretching, dual tasking, and voice/facial expression exercises.
5. **Lunch**

Pick up & Departure - 2:00 – 3:00pm

Participants are assisted with departure and a positive transition at the end of the day. Caregivers are given a brief update on the day, as needed.

Pre-registration Requirements:

1. **Group Orientation**— Caregivers, participants, and The Ivey team to learn more about individual needs and preferences and to answer questions about the day's programming, ensuring the best possible experience for loved ones.
 - In-person with the opportunity to visit and become familiar with the facility and location at 6030 Park South Drive, Charlotte NC 28210
 - 2/19 - 10:00 - 11:00 am
 - 3/5 - 10:00 - 11:00 am
 - Zoom orientation is available for those who live a distance away:
 - Call to schedule: Betsy Horowitz 704-909-2070
2. **Completion of Information Form** – Includes emergency contact, medical & medication information.
3. **Limitations for participation:**
 - Independent in the restroom, no use of oxygen, no 2-person transfer